**Summary**

**General Stats**

* Sample size: 100 children
* Age range: 25 – 59 months (average ≈ 41 months)
* Average height: 103 cm
* Average weight: 18.2 kg
* Average BMI: 17.05

**Lifestyle Habits (Daily Averages)**

* Fruits: 2.2 servings
* Vegetables: 1.9 servings
* Sugar drinks: 1.4 drinks
* Screen time: 1.4 hours

**Health Status**

* 76% of children are Underweight
* 24% are in Healthy Weight range
* Regional Distribution
* Central: 15 underweight, 9 healthy
* East: 20 underweight, 1 healthy (highest underweight %)
* North: 15 underweight, 2 healthy
* South: 19 underweight, 7 healthy
* West: 7 underweight, 5 healthy (best balance)

**Key Insights**

* Majority of children (3 out of 4) are underweight, highlighting nutrition concerns.
* Fruit and veggie intake is moderate, but still below ideal for healthy growth.
* Screen time is within 1–2 hours daily, but some exceed 3 hours.
* Eastern region shows the highest undernutrition burden, while Western region is relatively healthier.